

LIBIFEM®

Fenugreek extract



female sexual desire support

Healthy female sexual desire

Introducing Libifem®

Libifem® is the branded name for Gencor's standardized fenugreek extract. Fenugreek naturally contains over 100 phytochemical constituents, including Furostanol Saponins and Steroidal Saponins. While fenugreek has multiple applications, the main constituents included in Libifem have been clinically shown to help promote a healthy sexual experience, sexual vitality and desire.*

Loss of sexual desire affects one in every four women. But despite its prevalence, there are few supplement options. Libifem offers a natural way to support female hormone estradiol that helps boost sexual desire.*

Product benefits

The following structure-function claims are provided here for informational purposes only and should be reviewed by your legal counsel prior to use in marketing materials, including product labels.

- Supports healthy sexual desire in women*
- Promotes healthy sexual vitality*
- Supports sexual arousal in women*
- Promotes healthy sexual experience*

Science inside

Clinical study protocol:

The effectiveness of Libifem for supporting female sexual desire and experience was tested in an 8-week placebo-controlled study on 80 healthy menstruating females in stable relationships.^{1*}

The randomized, placebo-controlled, double-blind study covered sexual functioning and experience.* Sexual function was measured using both the DISF-SR and FSFI standards.

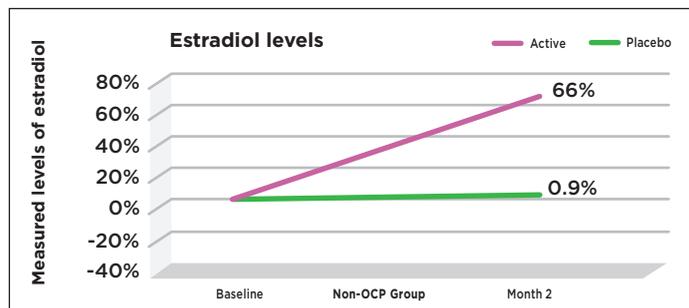
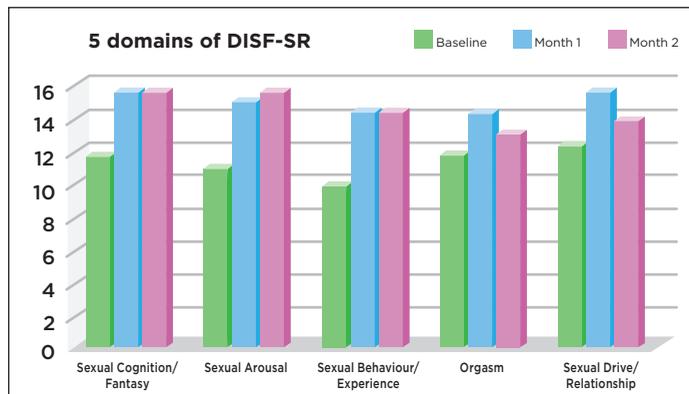
Physiological parameters related to female sexual desire were also tested. Stress, fatigue, and relationship quality were assessed using the PSS, DAS, and MFSI standards.

Study outcomes include:

The study showed the following statistically significant results in the active group compared to the placebo group:

- Increase in estradiol.*
- Increase in free testosterone within normal female physiological limits.*
- Positive significance for sexual arousal in the FSFI
- Positive significance in the total score and in all 5 domains of the DISF-SR:*

 1. Sexual Cognition
 2. Sexual Arousal
 3. Sexual Experience
 4. Orgasm
 5. Sexual Relationship



- Increased sexual activity, from one to two times per month to one time per week on average (p=0.013).*
- Subjects maintained consistent metabolic activity.*

This hallmark study was the first of its kind to show statistically significant results for female sexual desire and experience.*

Delivery and applications

Libifem is available for delivery in the following applications:

- Powders
- Soft gels and capsules
- Tablets

Why choose Libifem?

What sets Libifem apart from other ingredients? Libifem:

- Promotes healthy female sexual desire and experience*
- Has been tested on female subjects
- Has been shown effective in a published human clinical study
- Is a single herb extract
- Is easy to use in product formulations
- Is produced in a NSF GMP certified facility
- Is a unique, patent pending ingredient

1. Rao, A, et al. 2015 "Influence of LIBIFEM, a specialized extract of *Trigonella foenum graecum* (fenugreek) on sexual function, hormones and metabolism in healthy menstruating women, in a randomized placebo-controlled study." *Phytother. Res.* DOI: 10.1002/ptr.5355

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

©2015 Gencor All Rights Reserved.

Libifem® is a registered trademark of Gencor

Version 1506.01

**Gencor**TM
Lifestyle Solutions

gencorpacific.com